MAY - JUNE 2017

PUBLIC HEALTH NEWS

Wyandot County Public Health

PARENTS, PREPARE & PROTECT.

Your graduate will soon head off to college and will be making many life decisions on their own. Before they leave, take the time to talk to your young adult about decisions regarding their health.

Most colleges require up-to-date vaccination status prior to entry. Wyandot County Public Health is a provider for vaccines your scholar will need.



It may be difficult to discuss your child's sexual health with them, but, as a parent, it is one of the most important discussions you will have with them.

WCPH's Family Planning Clinic offers counselling, testing, and birth control options. Call us for info!

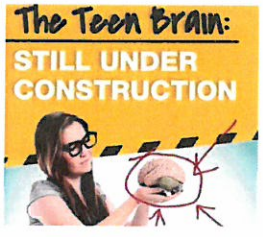
ALCOHOL & THE TEENAGE BRAIN

The 2013 Ohio Department of Health Youth Risk Behavior Survey stated that; "Alcohol is the most used substance by adolescents, including tobacco and illegal drugs. Alcohol use and abuse can have adverse effects on many aspects of adolescent life. Adolescents who drink alcohol are more likely to experience problems including academic, social, legal, physical health, risky sexual activity, risk for suicide and homicide, alcohol-related car crashes, drug abuse and death from alcohol poisoning."

The American Journal of Psychiatry reported results from a study conducted with adolescents and young adults: 12 of whom used alcohol excessively and 24 healthy teens who had no alcohol habits. MRI's from both groups were compared and it was shown that the regions of the brain responsible for memory and learning were smaller in the drinkers vs. non-drinkers. Other mental conditions, such as: ADHD, PTSD, depression, and conduct disorder appeared in the drinkers as well.

The adolescent brain is still not fully developed and studies are unsure if the damage to the brain brought on by drinking are reversible or permanent.

Parents, talk to your teens about making smart decisions about alcohol. Valuable tips can be found at: www.niaaa.nih.gov



IMMUNIZATION CLINICS

(BY APPOINTMENT ONLY)

Upper Sandusky

Mondays
12:00-6:00 pm

Fridays
9:00-11:00 am
&
1:00-4:00 pm

Carey

2nd Monday
of every month
2:00-6:00 pm
Carey Senior Depot

Family Planning
Immunization
Teen & Family
Call:
419-294-3852
for appointment

WIC Clinic
419-294-3341

WCPH is contracted with several major insurance providers. Non-contracted insurance clients must pay for services at visit.

Ask us about our Patient Assistance Program for some adult vaccines!